



*When Minutes Matter... Be Ready*  
**FREE Stroke 101 Courses**

When it comes to stroke, timing is everything. Every minute that a stroke goes untreated, it kills 1.9 million brain cells, causing brain damage that can lead to long-term disability and even death. That's why recognizing the signs of a stroke and getting to the hospital fast are critical.

As a neuroscience leader, Skyline Medical Center is now offering a FREE Stroke 101 course that will introduce you to the risk factors, signs and symptoms of a stroke and what to do to help save a life. The courses are open to all employees as well as the public.

**Thursday, June 2nd**

10:00am – 10:30am Auditorium A

**Tuesday, June 7th**

7:30am – 8:00am Auditorium A

5:30pm – 6:00pm Auditorium A

**Thursday, June 9th**

9:00am – 9:30am Auditorium A

**Tuesday, June 14th**

7:30am – 8:00am Auditorium A

10:00am – 10:30pm Auditorium A

**Thursday, June 16th**

2:00pm – 2:30pm Auditorium B

**Tuesday, June 21st**

9:00am – 9:30am Auditorium A

6:00pm – 6:30pm Auditorium A

**Tuesday, June 28th**

9:00am – 9:30am Auditorium A

2:00pm – 2:30pm Auditorium A

5:45pm – 6:15pm Auditorium A



 **Skyline  
Medical Center**

TRISTAR HEALTH SYSTEM

**To Register, Please Call TriStar MedLine at 615-342-1919**

TriStarHealth.com